BIDH
DENTAL HOSPITAL

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Post-Operative Instructions for Crowns / Bridge / Veneers

Bangkok International Dental Hospital (BIDH)

Thailand's Specialized Dental Hospital

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Post-Operative Instructions for Temporary Dental Crowns / Bridges / Veneers

1. The temporary prosthese is placed with very lightweight cement that is designed to come off easily. Please avoid chewing sticky foods or crunchy foods that could dislodge or break the temporary prosthese.

2. While your temporary prosthese is in place it is important to keep your gum tissue as clean and healthy as possible. Continue to thoroughly brush and floss every day.

3. When flossing, take special care to pull floss out from the side rather than out from the top. Pulling out from the top can cause the temporary prosthese to come loose.

4. Do not attempt to “glue” the temporary crown back in yourself , please contact our dental clinic.

5. The gum tissue around the prepared teeth may be sore for several days. You may rinse your mouth with warm salt to reduce pain and swelling.

Post-Operative Instructions for Permanent Dental Crowns / Bridges / Veneers

1. Brush and floss accordingly to clean your teeth and gums.

2. Fixed dental bridges require addition cleaning under the pontic (missing tooth). A bridge threader is used to thread floss under it to remove plaque.

3. It is normal to feel slight pressure and sensitivity to hot or cold for the first few days.

4. Avoid extremely hot or cold foods and beverages.

5. If sensitivity gets increasingly worse or does not begin to subside after several weeks, please call to dental center.

6. If your bite feels unbalanced, please be sure to contact our dental center for an appointment for a simple adjustment.

7. Regular dental examinations are important to maintain the function and appearance of restorations

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